

Activity Information

Little Explorers :

A sensory and messy play session providing materials of differing textures, temperatures and consistencies for children to explore, supporting their development and growing confidence. Suitable from 0-5

Baby and Child Clinic

You will get a 15 minute private appointment with the Health Visitor or Nursery Nurse which you need to book first on 01522 3088800

Learning Through Play

This drop in session provides a variety of activities for children to explore supporting children's changing needs and interests. The session offers an opportunity for parents, carers and children to discover and explore a wide range of play activities together, encouraging children's independence, confidence and social skills

Learning Together Toddlers

Offers a variety of activities including messy play, talk time, and songs and stories to support children's development, by building their confidence as they learn to explore.

Learning Together Babies

Offers a variety of activities including messy play, talk time, and songs to support babies early development, by building their confidence as they learn to explore.

Suitable for babies not yet walking.

Bumps to Babies

A session for pregnant and new parents and their babies. This relaxed friendly session support both pregnant mums and new parents. The session focuses on the needs and requests of the families attending. There are lots of resources such as Treasure Baskets, cosy areas and sensory materials. There will be a taster Baby Massage during this group on the 7.11.17. Come and learn techniques to relax and soothe your baby, baby massage helps improve sleep reduce colic, wind and constipation whilst increasing your growing bond with your baby.

Movers and Shakers

Is a fun music and movement session which supports and develops children's communication and physical skills. The session includes using musical instruments and singing to support early language development and physical activities such as scarves, bubbles, balls and parachute games to develop co-ordination and physical awareness.

Little Wishes Stay and Play

Come along and bring your pre-schoolers, chat with other parents and have a cuppa as your children play in our themed weekly sessions. Children are given a drink and a healthy snack and we also run a book swap. Fun and friendly, a free group run by volunteer parents. Term time only. Wednesdays setting up from 9am-10.45.

Top Tips.

In this session a member of the Health Team will cover lots of information around your 3-4 month olds development and health. Please ring 01507 463218 to book your place. This is held on the first Wednesday of the month.

Meet and Greet

Come and along and Meet Steph our parent champion who is happy to meet with you and show you around the centre. Please call 01507 463218 for an appointment.

If you haven't registered with our Children's Centres then you can pick up a registration form from Alford Children's Centre or from one of the sessions that you attend.

Older children are welcome to attend up to 8 years old as long as they have an under 5 in their family. All children must be with an adult at all times whilst visiting the centre.

For an Antenatal appointment with a midwife call 01472 875548 and for Health Visitor call 01522 308800

Activities in the Community

Parent & Toddler Group

Huttoft: Monday:s and Wednesdays 1.30 - 2.40, 'Tiny Tofts' Huttoft Primary School, Church Lane, Huttoft (for details contact Sarah White on 01507 490284)

Noise & Toys

Regular weekly session, Every Friday morning, 8.50-10am

At St Helena CE Primary School, Willoughby For very young babies, toddlers and their parents and carers.

Fun & friendly. Coffee on tap **Everyone welcome**

Skendleby Playgroup

Open Monday -Fridays 9-3. Open all year. Skendleby Old School, Skendleby, Tel: 07732 264891.

Aged 18 months to 11 years

Alford Library

Open Tuesday 10-2, Friday 10-6, Saturday 10-1

Alford Children's Centre

December 2017 Whats On Guide



ALL ACTIVITIES ARE FREE!

At Alford Children's Centre we want to make sure we are delivering services that support you and your children. We value your comments, so if you would like to comment on any of our services then please do so, by coming into the centre, on our Facebook page or at www.lincolnshire.gov.uk/commentorcompliment

Please note that we have a selection of fun borrowing bags including cooking bags to support your child's learning and development. Please ask in reception for more details

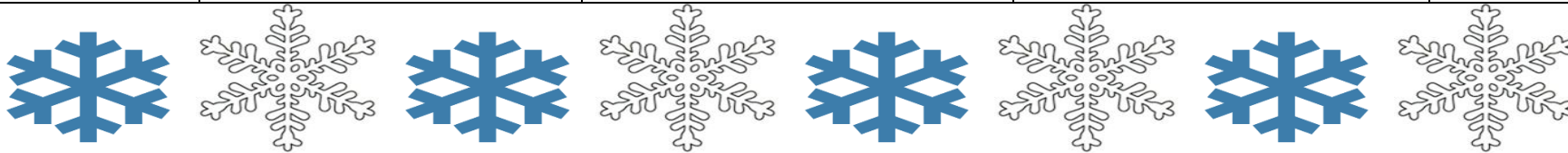


Please like our Facebook Page: **East Lindsey Children's Centre - Coastal.** We have regular updates on sessions happening at Mablethorpe, Skegness, Wainfleet and Alford Children's Centres

Did you know that every school in England provides children in reception, year 1 and year 2 with a free meal at lunchtime? This will save you time and money, improve your child's health and help them concentrate in class

**Farlesthorne Road
Alford
LN13 3PS
Tel 01507 463218
Email: alfordcc@lincolnshire.gov.uk**

Monday	Tuesday	Wednesday	Thursday	Friday
				1st Learning Together Babies 10.00-11.00
4th Little Explorers 9.30-11.00	5th Antenatal Clinic-9.10-1.00 Baby & Child Clinic - 9.15-10.30 Bumps to Babies -10.00-11.00 Learning Together Toddlers - 2.00-3.00	6th Little Wishes Carol Concert at Tanglewood Care Home - meet at 10am Meet and Greet - 11.00-12.00 Top Tips @ 3-4months Group Session by appointment - 1.30-3.00	7th Learning Through Play Winter 9.30 - 10.30 Movers and Shakers 2-3pm	8th Learning Together Babies 10.00-11.00
11th Little Explorers 9.30-11.00	12th Antenatal Clinic-9.10-1.00 Baby & Child Clinic - 9.15-10.30 Bumps to Babies - 10.00-11.00 Learning Together Toddlers - 2.00-3.00	13th Little Wishes Stay and Play Christmas Party At the Manor House 11-1pm Meet and Greet - 11.00-12.00	14th Holly Jolly Christmas at Learning Through Play 9.30 - 10.30 Movers and Shakers 2-3pm	15th Santa's Little Helpers at Learning Together Babies 10.00-11.00
18th Tinsel and Baubles at Little Explorers 9.30-11.00	19th Antenatal Clinic-9.10-1.00 Baby & Child Clinic - 9.15-10.30 Bumps to Babies - 10.00-11.00 Learning Together Toddlers - 2.00-3.00	20th No Sessions Today.	21st No Sessions Today	22nd No Sessions Today
25th Centre Closed	26th Centre Closed	27th Centre Closed	28th Centre Closed	29th Centre Closed



Details correct at time of print—please contact the Centre if you have an queries, on the number above

Early Years

Fun activities for *Christmas*

Holly, Jolly Christmas at Learning Through Play
Thursday 14th December 9:30-10:30am (0-5yrs)

Santa's Little Helpers at Learning Together Babies
Friday 15th December 10:00-11:00am (Babies-crawlers)

Tinsel and Baubles at Little Explorers
Monday 18th December 9:30-11:00am (0-5yrs)



**Booking required – please call the centre
to book your place on 01507 463218**
(older siblings up to 8yrs welcome)