

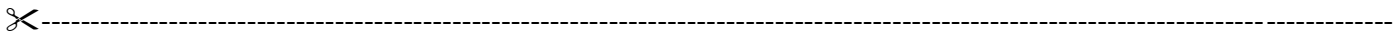
Year 11 RS Time

Because you have completed your RS course in Y10, there will be one hour freed up on your Y11 timetable, which means you have a choice to make. The health benefits and stress-reducing effects of physical exercise are well known, so all of you will still have 1 hour of 'core' PE on your timetable. However, there is now also an option for you to sign up for a second hour of recreational PE so you can take full advantage of the fantastic new Sports Facilities.

Alternatively, you can choose to spend the hour carrying out supervised independent study, which should help you to manage your workload and revision programme in this crucial year.

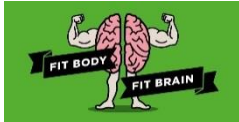
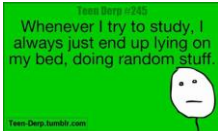
Please indicate your choice on the table below. Note that this decision will be final, and you will not be able to swap from one to the other throughout the year- so consider carefully which option you think will be best *for you* before making your choice.

Forms must be returned to your form tutor by Friday 14 June 2019



Name: _____

Form: _____

		Tick below to indicate your choice
Recreational PE		<input type="checkbox"/>
Supervised self-study		<input type="checkbox"/>